

OCTOBER 2018

Millington High School

Students have a choice of Skim, 1% and Fat Free flavored milk daily. Lactose Free milk available upon request. Students must select a fruit or vegetable to complete their meal for breakfast and lunch. Student meals are served at no cost.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Popcorn Chicken with a Roll Breaded Cheese Sticks w/dip</p> <p>Scalloped Potatoes Green Peas Baby Carrots w/dip</p>	<p>2</p> <p>Hamburger or Cheeseburger Fish Sticks & Hushpuppies</p> <p>Baked Beans Sandwich Trimming Baby Carrots w/dip</p>	<p>3</p> <p>Spicy Chicken Sandwich Corn Dog</p> <p>Seasoned Green Beans Baby Carrots w/dip Sandwich Trimming</p>	<p>4</p> <p>Italian Pasta with Texas Toast Calzone</p> <p>Corn Italian Blend Vegetables Romaine Garden Salad</p>	<p>5</p> <p>Pizza Deli Sandwich</p> <p>Spicy Fries Carrots w/dip</p>
<p>8</p> <p>Fall Break</p>	<p>9</p> <p>Fall Break</p>	<p>10</p> <p>Fall Break</p>	<p>11</p> <p>Fall Break</p>	<p>12</p> <p>Fall Break</p>
<p>15</p> <p>Popcorn Chicken with a Roll Breaded Cheese Sticks w/dip</p> <p>Scalloped Potatoes Green Peas Baby Carrots w/dip</p>	<p>16</p> <p>Hot Dog French Bread Pizza</p> <p>Seasoned Corn Fresh Veggies w/dip Sidekicks</p>	<p>17</p> <p>Buffalo Chicken Nachos Cheeseburger</p> <p>Baked Beans Sandwich Trimmings</p>	<p>18</p> <p>Italian Pasta with Roll Calzone</p> <p>Seasoned Broccoli Romaine Garden Salad</p>	<p>19</p> <p>Pizza Deli Sandwich</p> <p>Krinkle Kut Fries Carrots w/dip Romaine Garden Salad</p>
<p>22</p> <p>Chicken Chunk with a Roll Egg Roll</p> <p>Whipped Potatoes Stir Fry Vegetables Romaine Garden Salad</p>	<p>23</p> <p>BBQ Riblet Sandwich Spicy Chicken Sandwich</p> <p>Sweet Potato Puffs Carrots w/dip Sandwich Trimmings</p>	<p>24</p> <p>Nachos Deli Combo</p> <p>Pinto Beans Baby Carrots w/dip</p>	<p>25</p> <p>Pork Carnita Cheeseburger</p> <p>Seasoned Green Beans Sandwich Trimmings</p>	<p>26</p> <p>Pizza Philly Cheese Steak</p> <p>Spicy Fries Carrots w/dip Romaine Garden Salad</p>
<p>29</p> <p>Popcorn Chicken with a Roll Meatball Sub</p> <p>Scalloped Potatoes Green Peas Romaine Garden Salad</p>	<p>30</p> <p>Beef & Bean Burrito Spicy Chicken Sandwich</p> <p>Krinkle Kut Fries Sandwich Trimming</p>	<p>31</p> <p>Hot Dog Crispito</p> <p>California Blend Vegetables Baby Carrots w/dip</p>		

A selection of Grab and Go items will be offered daily. Choices may include: Fresh Salads, Hamburgers, Chicken Sandwiches, Deli Hoagies, and more. Students must choose at least 3 of the 5 lunch components to be a complete meal, otherwise a la carte pricing will apply on food items sold. A variety of Fresh Fruit and Chilled Fruit are offered daily. Menus may change due to availability.

This institution is an equal opportunity provider.